UNITED STATES

SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

FORM 8-K

CURRENT REPORT

Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934 Date of Report (Date of earliest event reported): November 6, 2020

Eagle Bulk Shipping Inc.

(Exact name of registrant as specified in its charter)

Republic of the Marshall Islands

001-33831 (Commission File Number)

98-0453513 (IRS employer identification no.)

(State or other jurisdiction of incorporation or organization)

300 First Stamford Place, 5th Floor

Stamford, CT 06902

(Address of principal executive offices, including zip code) (Registrant's telephone number, including area code):(203) 276-8100

(Former Name or Former Address, if Changed Since Last Report): None

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions (see General Instruction A.2. below): П Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)

Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)

Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))

Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

Securities registered pursuant to Section 12(b) of the Act:

Title of each class	Trading Symbol(s)	Name of each exchange on which registered
Common Stock, par value \$0.01 per share	EGLE	The Nasdaq Stock Market LLC

Indicate by check mark whether the registrant is an emerging growth company as defined in Rule 405 of the Securities Act of 1933 (§ 230.405 of this chapter) or Rule 12b-2 of the Securities Exchange Act of 1934 (§ 240.12b-2 of this chapter).

Emerging growth company \Box

If an emerging growth company, indicate by check mark if the registrant has elected not to use the extended transition period for complying with any new or revised financial accounting standards provided pursuant to Section 13(a) of the Exchange Act. \Box

ITEM 2.02. RESULTS OF OPERATIONS AND FINANCIAL CONDITION.

On November 6, 2020, Eagle Bulk Shipping Inc., a Republic of the Marshall Islands corporation (the "Company"), posted to its website a corporate presentation including certain financial results and other information for the quarter ended September 30, 2020. A copy of the corporate presentation is attached as Exhibit 99.1 hereto.

The information in this Item 2.02 of this Current Report on Form 8-K, including the exhibit, shall not be deemed "filed" for purposes of Section 18 of the Securities Exchange Act of 1934, as amended (the "*Exchange Act*"), or otherwise subject to the liabilities of such section, nor shall it be deemed incorporated by reference in any filing under the Securities Act of 1933, as amended, or the Exchange Act, except as expressly set forth by specific reference in such a filing. By filing this Current Report on Form 8-K and furnishing this information, the Company makes no statement or admission as to the materiality of any information in this Item 2.02 or the exhibit attached hereto.

Additionally, Exhibit 99.1 contains various non-GAAP financial measures as defined by Regulation G. Reconciliations of each non-GAAP financial measure to its comparable GAAP financial measure can be found in the attached corporate presentation.

This Current Report on Form 8-K and Exhibit 99.1 hereto contain forward-looking statements within the meaning of the federal securities laws. These forward looking statements are based on current expectations and are not guarantees of future performance. Further, the forward-looking statements are subject to the limitations listed in Exhibit 99.1 and in the other reports of the Company filed with the Securities and Exchange Commission, including that actual events or results may differ materially from those in the forward-looking statements.

ITEM 7.01. REGULATION FD DISCLOSURE.

On November 6, 2020, the Company posted to its website a corporate presentation described above in Item 2.02 of this Current Report on Form 8-K. A copy of the corporate presentation is attached hereto as Exhibit 99.1.

Description

ITEM 9.01. FINANCIAL STATEMENTS AND EXHIBITS.

(d) Exhibits.

Exhibit Number

<u>99.1</u>

Earnings presentation dated November 6, 2020

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

EAGLE BULK SHIPPING INC. (registrant)

Dated: November 6, 2020

By: Name: Title:

/s/ Frank De Costanzo Frank De Costanzo Chief Financial Officer



Disclaimer

This presentation contains certain statements that may be deemed to be "forward-looking statements" within the meaning of Section 27A of the Securities Act of 1933, as amended, Section 21E of the Securities Exchange Act of 1934, as amended, and the Private Securities Litigation Reform Act of 1995, and are intended to be covered by the safe harbor provided for under these sections. These statements may include words such as "believe," "estimate," "project," "intend," "expect," "plan," "anticipate," and similar expressions in connection with any discussion of the timing or nature of future operating or financial performance or other events. Forward-looking statements reflect management's current expectations and observations with respect to future events and financial performance. Where we express an expectation or belief as to future events or results, such expectation or belief is expressed in good faith and believed to have a reasonable basis. However, our forward-looking statements are subject to risks, uncertainties, and other factors, which could cause actual results to differ materially from future results expressed, projected, or implied by those forward-looking statements.

The forward-looking statements in this presentation are based upon various assumptions, many of which are based, in turn, upon further assumptions, including without limitation, examination of historical operating trends, data contained in our records and other data available from third parties. Although Eagle Bulk Shipping Inc. believes that these assumptions were reasonable when made, because these assumptions are inherently subject to significant uncertainties and contingencies which are difficult or impossible to predict and are beyond our control, Eagle Bulk Shipping Inc. cannot assure you that it will achieve or accomplish these expectations, beliefs or projections.

The principal factors that affect our financial position, results of operations and cash flows include, charter market rates, which have declined significantly from historic highs, periods of charter hire, vessel operating expenses and voyage costs, which are incurred primarily in U.S. dollars, depreciation expenses, which are a function of the cost of our vessels, significant vessel improvement costs and our vessels' estimated useful lives, and financing costs related to our indebtedness. Our actual results may differ materially from those anticipated in these forward-looking statements as a result of certain factors which could include the following: (i) changes in demand in the drybulk market, including, without limitation, changes in production of, or demand for, commodities and bulk cargoes, generally or in particular regions; (ii) greater than anticipated levels of drybulk vessel newbuilding orders or lower than anticipated rates of drybulk vessel scrapping; (iii) changes in rules and regulations applicable to the drybulk industry, including, without limitation, legislation adopted by international bodies or organizations such as the lnternational Maritime Organization and the European Union or by individual countries; (iv) actions taken by regulatory authorities including without limitation the U.S. Treasury Department's Office of Foreign Assets Control ("OFAC"); (v) changes in trading patterns significantly impacting overall drybulk tonnage requirements; (vi) changes in the typical seasonal variations in drybulk charter rates; (vii) changes in the cost of other modes of bulk commodity transportation; (viii) changes in general domestic and international political conditions; (ix) changes in the condition of the Company's vessels or applicable maintenance or regulatory standards (which may affect, among other things, our anticipated drydocking costs); (x) significant deterioration in charter hire rates from current levels or the inability of the Company to achieve its cost-cutting measures; (xi) the durat

This discussion also includes statistical data regarding world drybulk fleet and order book and fleet age. We generated some of this data internally, and some were obtained from independent industry publications and reports that we believe to be reliable sources. We have not independently verified this data nor sought the consent of any organizations to refer to their reports in this presentation. We disclaim any intent or obligation to update publicly any forward-looking statements, whether as a result of new information, future events or otherwise, except as may be required under applicable securities laws.



Agenda

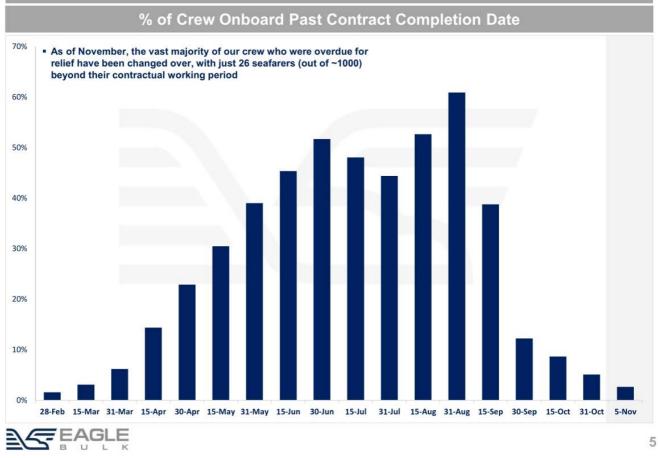
- 1 Highlights
- 2 Financial Summary
- 3 Industry Review
- * Appendix



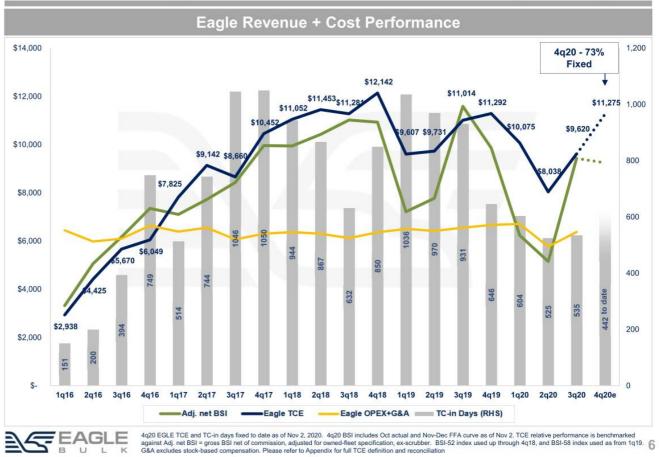
Highlights



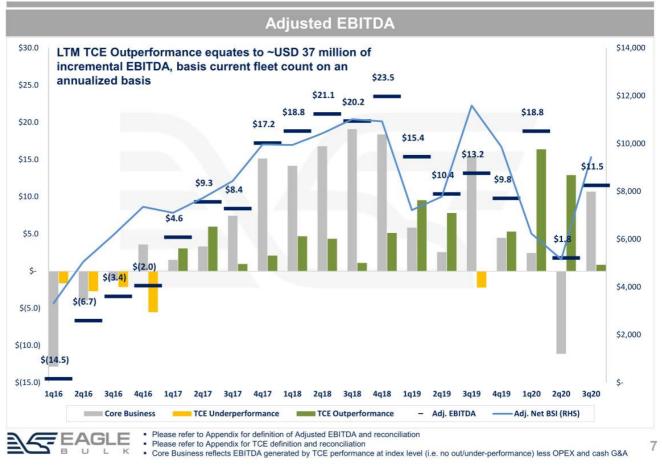
COVID-19 Update: Crew Changeover



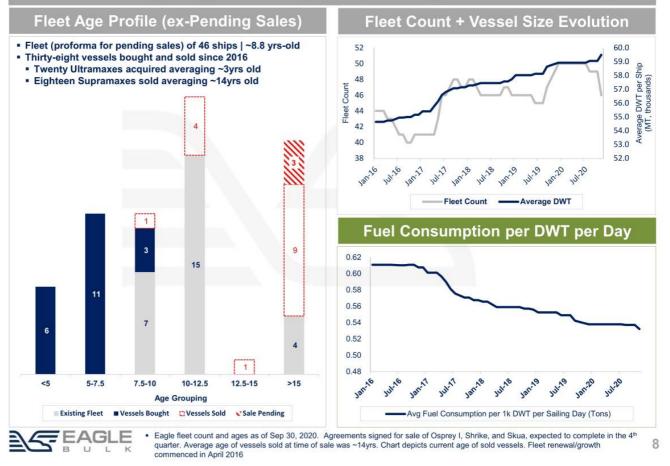
LTM TCE Outperformance of USD 2,101 per Day



Historical EBITDA



S&P Activity Significantly Improving Fleet Makeup



Financial Summary



Earnings

USD in Thousands except EPS	3q20		2q20		3q19	Y	TD 2020	Y	TD 2019
Revenues, net of commissions	\$ 68,182	\$	57,392	\$	74,110	\$	199,952	\$	220,891
Operating expenses									
Voyage expenses	19,628		23,768		19,446		69,960		66,260
Charter hire expenses	5,061		4,719		11,346		15,821		34,017
Vessel expenses	21,749		20,232		19,954		65,681		60,006
Depreciation and amortization	12,618		12,503		10,056		37,587		29,224
General and administrative expenses	7,997		6,767		8,451		22,724		24,902
Loss/(gain) on sale of vessels	389		-		(971)		389		(6,044)
Lease impairment			352		-	_	352		-
Total operating expenses	67,440	-	68,342	1	68,281		212,515		208,364
Operating income / (loss)	743	1	(10,950)		5,829		(12,563)		12,527
Other expenses									_
Interest expense,net - cash	7,322	100	7,139		6,341		21,992		17,879
Interest expense - debt discount & deferred financing costs ¹	1,609		1,542		1,136		4,655		2,265
Loss/(gain) on derivatives	2,971		860	100	2,915		(4,031)		640
Loss on debt extinguishment	-				-		-		2,268
Total other expenses, net	11,902		9,541		10,392		22,616		23,052
Net loss	\$ (11,159)	\$	(20,491)	\$	(4,563)	\$	(35,179)	\$	(10,525)
Weighted average shares outstanding (Basic) ²	10,280		10,278		10,193		10,275		10,190
EPS (Basic) ²	\$ (1.09)	\$	(1.99)	\$	(0.45)	\$	(3.42)	\$	(1.03)
Adjusted EBITDA ³	\$ 11,519	\$	1,768	\$	13,154	\$	32,098	\$	38,895



I – Includes non-cash interest expense related to the amortization of the equity component of the convertible bond of \$1.0 million for 3q20, \$1.0 million for 2q20, \$2.9 million for YTD 2020, and \$0.6 million for both 3q19 and YTD 2019.
 Weighted average shares outstanding and EPS adjusted to give effect for the 1 for 7 reverse stock split that became effective on September 15, 2020
 Please see the Definitions slide in the Appendix for an explanation of Adjusted EBITDA

Balance Sheet + Liquidity

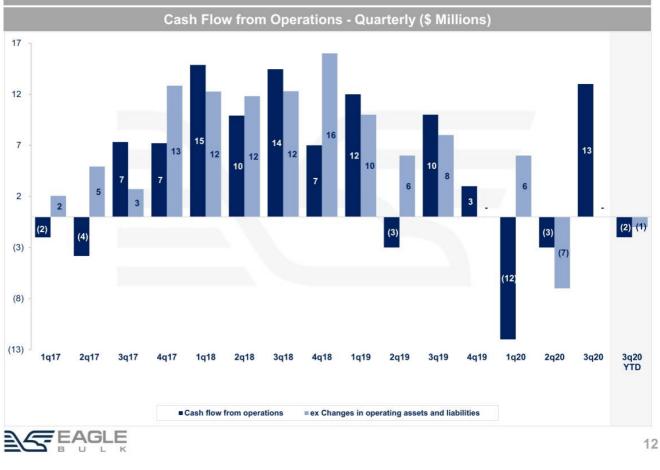
Balance Sheet (USD thousand	ls)	
Cash ¹	85,281	\$180
Accounts receivable	12,998	\$160
Inventory	11,694	\$140 \$120
Vessels held for sale	5,169	\$100
Other current assets	9,537	\$80
Vessels, net	833,571	\$60
Right of use assets - lease	10,669	\$40
Other assets	26,110	\$20
Total assets	995,029	\$-
Accounts payable	13,312	1010 g
Current liabilities	25,800	
Debt (including \$39.2M current) ²	497,266	
Fair value of derivatives - LT	681	
Lease liability (\$10.8M current)	11,642	Cash ¹
Total liabilities	548,702	Revolve
Stockholder's equity	446,326	Total I
Total liabilities and stockholder's equity	995,029	



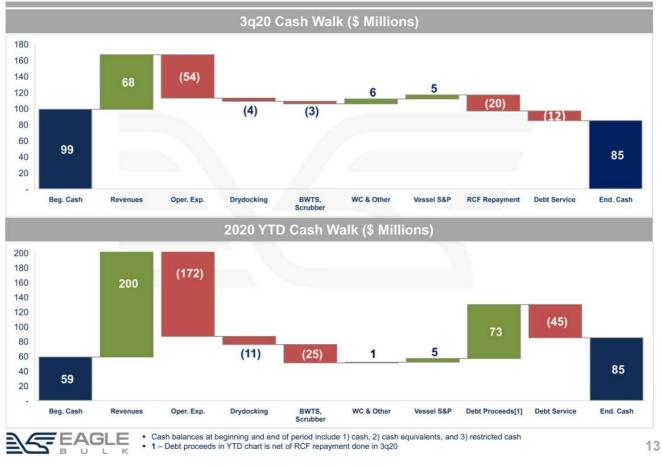


 $1-{\rm Cash}$ balance includes cash, cash equivalents and restricted cash. $2-{\rm Debt}$ is net of \$25.1m of debt discount and deferred financing costs

Cash Flow



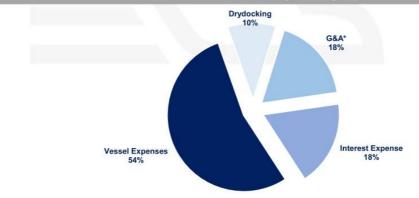
Cash Walk



Cash Breakeven per Vessel per Day

	3q	20 YTD	3q20	2q20	F	Y 2019
Operating						
Vessel expenses	\$	4,813	\$ 4,784	\$ 4,447	\$	4,859
Drydocking		794	936	308		702
G&A*		1,476	1,596	1,328		1,681
Total operating		7,083	7,316	6,083	2	7,243
Debt Service						
Interest Expense		1,612	1,611	1,569		1,471
Debt Principal Repayment		1,826	1,718	2,483		1,366
Total Cash Breakeven	\$	10,521	\$ 10,644	\$ 10,135	\$	10,080

3q20 Cash Breakeven by Category

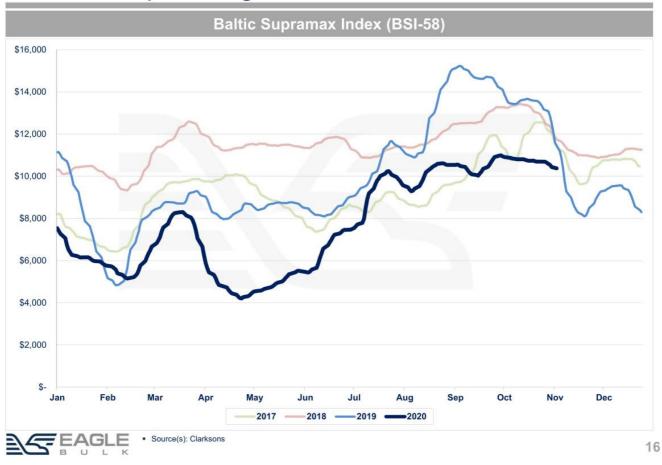


• G&A excludes stock-based compensation for all periods shown. G&A for 3q20 YTD and FY 2019 excludes certain non-recurring expenses.

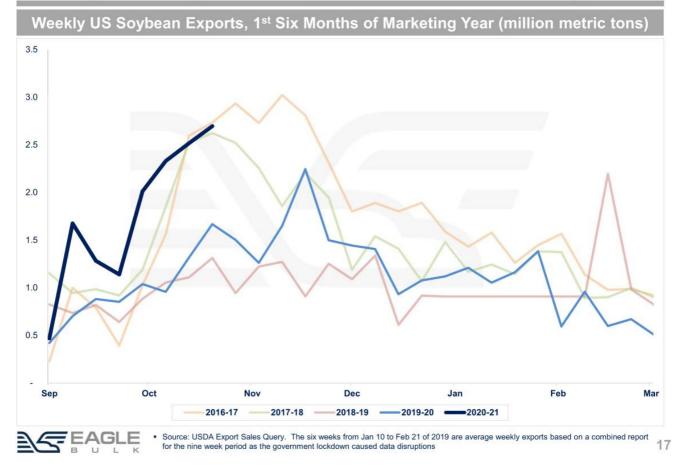
Industry Review

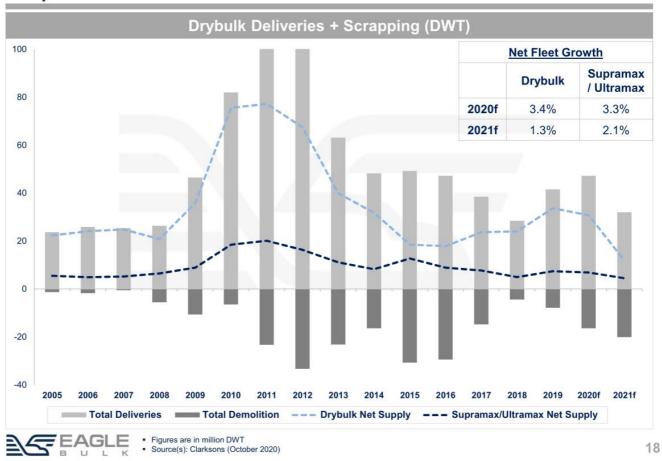


Historical Spot Freight Rates

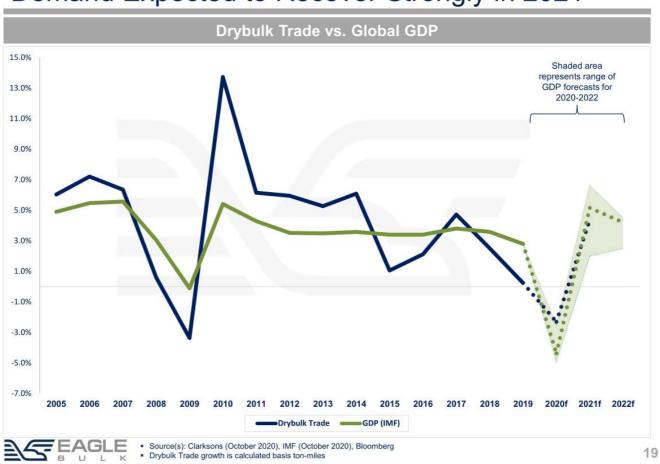


Strong US Soybean Exports in New Marketing Year





Supramax/Ultramax 2020f Net Fleet Growth ~3.3%



Demand Expected to Recover Strongly in 2021

APPENDIX



Corporate Structure



Eagle Debt Terms

PARENT		Eagle Bulk S	Shipping Inc.				
ISSUER/ BORROWER	Eagle Bulk Shipping Inc.	Eagle Bulk	Shipco LLC	Eagle Bulk Ultraco LLC			
LOAN TYPE	Convertible Note	onvertible Note Bond RCF		Term Loan	RCF		
AMOUNT	USD 114m	USD 200m	USD 15m	USD 210m USD			
OUTSTANDING	USD 114m	USD 184m	USD 15m	USD 174m	USD 35m		
SECURITY	Senior Unsecured	Senior Secured	Super Senior Secured	Senior Secured			
RECOURSE	Parent Guarantee	Ringfenced and no Par		o the Parent Guarantee			
COLLATERAL	N/A	23 vessels + r	estricted cash	26 ves	sels		
INTEREST RATE	5.0% fixed	8.25% fixed	L+200bps	L+250bps			
INTEREST RATE SWAPS IN PLACE	N/A	N/A	N/A	100% of Outstanding Amount at 58bps	N/A		
MATURITY	2024	20	22	2024	4		
	N/A	USD 8m/year	N/A	USD 31.2	m/year		
CONVERSION	25.453 shares common stock per USD 1,000 principal (approx. share price of USD 39.29)	N/	A	N/A			



All figures as of September 30, 2020
 Shipco vessel count includes the Osprey I, Shrike, and Skua. We have reached agreements to sell these vessels. The transactions are expected to close in the 4th quarter.

Owned Fleet

Eagle	Bulk Shipco LL	C		Eagle Bul	k Ultraco LLC		
Vessel	Scrubber	Built	DWT	Vessel	Scrubber	Built	DWT
1 Singapore Eagle	1	2017	63.4	1 Hong Kong Eagle	1	2016	63.
2 Shanghai Eagle	1	2016	63.4	2 Santos Eagle	1	2015	63.
3 Stamford Eagle		2016	61.5	3 Copenhagen Eagle	1	2015	63.
4 Sandpiper Bulker	1	2011	57.8	4 Sydney Eagle	1	2015	63.
5 Roadrunner Bulker	1	2011	57.8	5 Dublin Eagle	1	2015	63.
6 Puffin Bulker	1	2011	57.8	6 New London Eagle	1	2015	63.
7 Petrel Bulker	1	2011	57.8	7 Cape Town Eagle	1	2015	63.1
8 Owl	1	2011	57.8	8 Westport Eagle	1	2015	63.3
9 Oriole	1	2011	57.8	9 Hamburg Eagle	1	2014	63.3
10 Egret Bulker	1	2010	57.8	10 Madison Eagle	1	2013	63.3
11 Crane	1	2010	57.8	11 Greenwich Eagle	1	2013	63.3
12 Canary	1	2009	57.8	12 Groton Eagle	1	2013	63.3
13 Bittern	1	2009	57.8	13 Fairfield Eagle	1	2013	63.3
14 Stellar Eagle	1	2009	56.0	14 Southport Eagle	1	2013	63.3
15 Crested Eagle	1	2009	56.0	15 Rowayton Eagle	1	2013	63.3
16 Crowned Eagle	1	2008	55.9	16 Mystic Eagle	1	2013	63.3
17 Jaeger		2004	52.5	17 Stonington Eagle	1	2012	63.3
18 Cardinal		2004	55.4	18 Nighthawk	1	2011	57.8
19 Skua		2003	53.4	19 Martin	1	2010	57.8
20 Shrike		2003	53.3	20 Kingfisher	1	2010	57.8
21 Tem		2003	50.2	21 Jay	1	2010	57.8
22 Osprey I		2002	50.2	22 Ibis Bulker	1	2010	57.8
23 Hawk I		2001	50.3	23 Grebe Bulker	1	2010	57.
				24 Gannet Bulker	1	2010	57.8
				25 Imperial Eagle	1	2010	56.0
				26 Golden Eagle	1	2010	56.0
23 Vessels			1,300	26 Vessels			1,59
	leet count as of Sept	ombor 20, 202	0				

TCE Reconciliation

\$ Thousands except TCE and days	1	q16	 2q16	3q16	 4q16		1q17	 2q17	 3q17	 4q17	1q18	2q18
Revenues, net	\$ 2	21,278	\$ 25,590	\$ 35,788	\$ 41,836	\$	45,855	\$ 53,631	\$ 62,711	\$ 74,587	\$ 79,371	\$ 74,939
Less:												
Voyage expenses		(9,244)	(7,450)	(11,208)	(14,192)		(13,353)	(13,380)	(17,463)	(18,155)	(22,515)	(17,205)
Charter hire expenses		(1,489)	(1,668)	(3,822)	(5,866)		(3,873)	(6,446)	(9,652)	(11,312)	(10, 268)	(10,108)
Reversal of one legacy time charter		1,045	793	670	432		(302)	584	329	426	(86)	(404)
Realized gain/(loss) - Derivatives		-	-	(449)	(113)		-	 83	248	(349)	117	345
TCE revenue	\$ 1	11,590	\$ 17,265	\$ 20,979	\$ 22,097	\$	28,326	\$ 34,473	\$ 36,173	\$ 45,197	\$ 46,619	\$ 47,567
Owned available days *		3,945	3,902	3,700	3,653		3,620	3,771	4,177	4,324	4,218	4,153
TCE	\$	2,938	\$ 4,425	\$ 5,670	\$ 6,049	\$	7,825	\$ 9,142	\$ 8,660	\$ 10,452	\$ 11,052	\$ 11,453
					1							
\$ Thousands except TCE and days	3	iq18	 4q18	 1q19	 2q19		3q19	 4q19	 1q20	 2q20	 3q20	
Revenues, net	\$ 6	69,093	\$ 86,692	\$ 77,390	\$ 69,391	\$	74,110	\$ 71,486	\$ 74,378	\$ 57,392	\$ 68,182	
Less:												
Voyage expenses	(1	15,126)	(24,721)	(25,906)	(20, 907)	8	(19,446)	(21,442)	(26, 564)	(23,768)	(19,628)	
Charter hire expenses		(7,460)	(10,209)	(11,492)	(11,179)		(11,346)	(8,152)	(6,041)	(4,719)	(5,061)	
Reversal of one legacy time charter		497	(226)	(414)	767		(120)	(270)	463	(42)	(88)	
Realized gain/(loss) - Derivatives		284	(211)	(475)	861		(806)	294	756	7,164	(1,029)	
TCE revenue	\$ 4	47,288	\$ 51,326	\$ 39,102	\$ 38,933	\$	42,393	\$ 41,917	\$ 42,992	\$ 36,027	\$ 42,377	
Owned available days *		4,192	4,227	4,070	4,001		3,849	3,712	4,267	4,482	4,405	
TCE	\$ 1	11,281	\$ 12,142	\$ 9,607	\$ 9,731	\$	11,014	\$ 11,292	\$ 10,075	\$ 8,038	\$ 9,620	



Please see the Definitions slide in the Appendix for an explanation of Owned Available Days

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EBITDA Reconciliation

USD in Thousands	1q16	2q16	3q16	4q16	1q17	2q17	3q17	4q17	1q18	2q18
Net Income / (Loss)	\$ (39,279)	\$ (22,496)	\$ (19,359)	\$(142,389)	\$ (11,068)	\$ (5,888)	\$ (10,255)	\$ (16,584)	\$ 53	\$ 3,451
Less adjustments to reconcile:		6								
Interest expense	2,818	4,903	7,434	6,644	6,445	6,859	7,837	8,236	6,261	6,387
Interest income	(3)		(88)	(124)	(190)	(186)	(143)	(133)	(95)	(112)
EBIT	(36,464)	(17,593)	(12,013)	(135,868)	(4,813)	785	(2,561)	(8,481)	6,219	9,726
Depreciation and amortization	9,397	9,654	9,854	9,979	7,493	8,021	8,981	9,196	9,276	9,272
EBITDA	(27,068)	(7,939)	(2,159)	(125,889)	2,680	8,805	6,420	715	15,495	18,998
Less adjustments to reconcile:										
Stock-based compensation	827	842	(735)	1,273	2,171	2,478	2,350	1,740	3,511	2,410
One-time and non-cash adjustments	11,756	436	(509)	122,656	(297)	(1,977)	(373)	14,764	(170)	(276)
Adjusted EBITDA*	\$ (14,486)	\$ (6,661)	\$ (3,403)	\$ (1,961)	\$ 4,553	\$ 9,307	\$ 8,397	\$ 17,219	\$ 18,835	\$ 21,132
USD in Thousands	3q18	4q18	1q19	2q19	3q19	4q19	1q20	2q20	3q20	
Net Income / (Loss)	\$ 2,585	\$ 6,486	\$ 29	\$ (5,992)	\$ (4,563)	\$ (11,171)	\$ (3,528)	\$ (20,491)	\$ (11,159)	
Less adjustments to reconcile:										

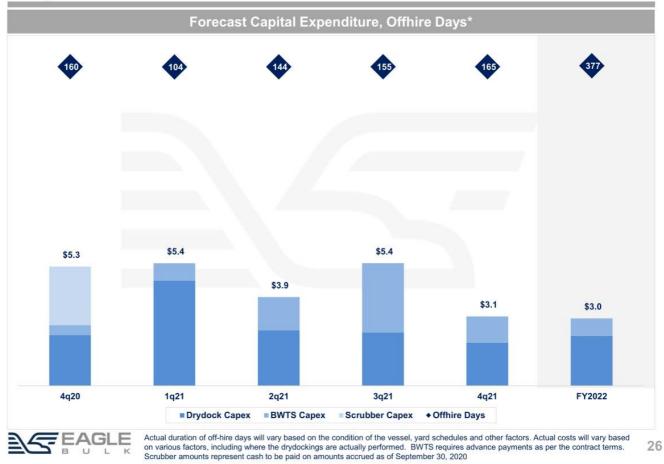
Net Income / (Loss)	\$ 2,585	\$ 6,48	6 \$ 29	\$ (5,992)	\$ (4,563)	\$ (11,171)	\$ (3,528)	\$ (20,491)	\$ (11,159)
Less adjustments to reconcile:									
Interest expense	6,574	6,52	1 6,762	6,733	8,117	8,965	9,192	8,737	8,954
Interest income	(129)	(248	(434)	(393)	(640)	(400)	(157)	(56)	(24)
EBIT	9,030	12,75	9 6,357	348	2,914	(2,606)	5,507	(11,810)	(2,229)
Depreciation and amortization	9,460	9,70	9,407	9,761	10,056	11,322	12,466	12,503	12,618
EBITDA	18,490	22,46	7 15,764	10,109	12,970	8,715	17,974	693	10,389
Less adjustments to reconcile:									
Stock-based compensation	2,100	1,18	7 1,445	1,227	1,155	998	836	723	741
One-time and non-cash adjustments	(406)	(165	(1,838)	(967)	(971)	66	-	352	389
Adjusted EBITDA*	\$ 20,184	\$ 23,48	9 \$ 15,372	\$ 10,370	\$ 13,154	\$ 9,780	\$ 18,810	\$ 1,768	\$ 11,519



Please see the Definitions slide in the Appendix for an explanation of Adjusted EBITDA

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Drydock and Scrubber Schedule



Evaluating TCE Relative Performance

This page is meant to assist analysts/investors on how to potentially evaluate and forecast vessel/fleet TCE relative performance within the Supramax/Ultramax segment

- Since the Supramax/Ultramax segment is comprised of a number of different ship types / sizes / designs, TCE
 generation ability can differ significantly from the standard vessel used to calculate the BSI-58 benchmark
- For example, a 2013-built Chinese 60-65k DWT Ultramax should be expected to earn a significant premium to a 2013-built 55-60k Supramax, particularly given the incremental cost of the 60-65k DWT vessel
- Ultimately, it's about yield the expected earnings ability of a vessel versus its cost

Supr	amax/U	Itramax	TCE Pe	erforma	nce Ma	trix	-				
	SIZE (SIZE (DWT)		VESSEL TYPE INDEX FACTOR (AS COMPARED TO THE BSI VESSEL)							
SHIP TYPE			JAP	AN	CHI	NA					
	FROM	то	FROM	то	FROM	то]				
BSI-58	58,	000		100	.0%						
1	50,000	55,000	86.0%	95.0%	81.0%	87.0%					
2	55,000	60,000	96.0%	106.0%	88.0%	97.0%					
3	60,000	65,000	106.0%	118.0%	102.0%	113.0%					

For Illustrative Purposes Only

Matrix depicts the estimated TCE Earnings Performance range for a generic Supramax/Ultramax vessel type as compared to the BSI-58 ship

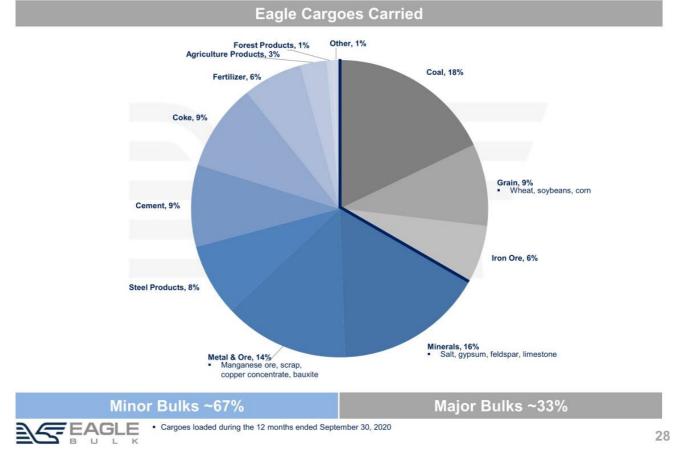
The BSI-58 is based on the 58k DWT Japanese TESS-58 design Supramax and is gross of commissions

A Chinese 60-65k DWT Ultramax should earn a premium of 2-13% to the net BSI-58, depending on its specific design characteristics, due to cargo carrying capacity, speed, and fuel consumption differences



The Matrix is meant to capture general ship types but there are likely some vessels which fall outside the stated figures. The index factors shown were calculated using a TCE of USD 10,000 per day and fuel cost of USD 400 per ton. The specific index factors can change somewhat with movements in both fuel prices and (spot) rate environment, but the relative relationships will remain similar to those shown.

Cargo Mix



Definitions

Item	Description
Adjusted EBITDA	Adjusted EBITDA is a non-GAAP financial measure that is used as a supplemental financial measure by our management and by external users of our financial statements, such as investors, commercial banks and others, to assess our operating performance as compared to that of other companies in our industry, without regard to financing methods, capital structure or historical costs basis. Our Adjusted EBITDA should not be considered an alternative to net income/(loss), operating income/(loss), cash flows provided by/(used in) operating activities or any other measure of financial performance or liquidity presented in accordance with U.S. GAAP. Our Adjusted EBITDA may not be comparable to similarly titled measures of anothe company because all companies may not calculate Adjusted EBITDA in the same manner. Adjusted EBITDA represents EBITDA adjusted to exclude the items which represent certain non-cash, one-time and other items such as vessel impairment, lease impairment, gain/(loss) on sale of vessels, stock-based compensation, loss on debt extinguishment and restructuring expenses that the Company believes are not indicative of the ongoing performance of its core operations.
TCE	Time charter equivalent ("TCE") is a non-GAAP financial measure that is commonly used in the shipping industry primarily to compare daily earnings generated by vessels on toyage charters are generally not expressed in per-day amounts while charter hire rates for vessels on time charters are generally not expressed in per-day amounts while charter hire rates for vessels on time charters generally are expressed in such amounts. The Company defines TCE as shipping revenues less voyage expenses and charter hire expenses, adjusted for the impact of one legacy time charter and realized gains on FFAs and bunker swaps, divided by the number of owned available days. TCE provides additional meaningful information in conjunction with shipping revenues, the most directly comparable GAAP measure, because it assists Company management in making decisions regarding the deployment and use of its vessels and in evaluating their financial performance. The Company's calculation of TCE may not be comparable to that reported by other companies. The Company calculates relative performance by comparing TCE against the Baltic Supramax Index ("BSI") adjusted for commissions and fleet makeup. The BSI was initiated in 2006 based on the Tess 52 design. The index for the Tess 58 design has been published commencing on April 3, 2017, and transition was completed as of December 2018, when the Baltic stopped publishing a dynamic Tess 52 daily rate. The Company has now switched to the Tess 58 index for valuation modeling as of January 1, 2019. The change in the BSI may affect comparability of our TCE against BSI in periods prior to Company switching to the Tess 58 index. Owned available days is the aggregate number of days in a period during which each vessel in our fleet has been owned by us less the aggregate number of days in a period during which each vessel in our fleet has been owned by us upgrades or special surveys. The shipping industry uses available days to measure the number of days in a period during which vessels should be capabl



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